

FORGÓS CSÁRDÁS
(Hungary)

A Csárdás variation from Hungary for cpls with special emphasis on turning. "Forgós" means "turning."

Pronunciation:

Record: AC 001, "Lassues Gyors Csárdás," or any good Csárdás music. 4/4 meter.

MOTIFS

1. Three Steps Sideways.

- ct 1 Step on the R ft to R side.
 2 Step on the L ft in place (beside the R ft).
 3 Step on the R ft to R side.
 4 Pause.
 Repeat with opp ftwk and direction.

2. Open Rida (Walking style)

- ct 1 Step on the R ft R fwd diag and start to turn to L.
 2 Step on the L ft in front of the R ft.
 Repeat the same way.

THE DANCE

- Ptrs face each other and have a shldr-shldr-blade pos.
- I. Do the Three steps sideways motif two times (R and L) with identical ftwk.
- II. Turning slightly away from ptr to the R, do three Open Rida turning around with ptr CCW + stamp/stop on the R ft (facing ptr) and pause.
- III and IV. Repeat I and II with opp ftwk and direction.
 Repeat the dance from the beginning.

After some practice the cpls can change the amount of Rida steps by the will and lead of the M and use the Three steps sideways motif as a transition between the CW or CCW Rida turns.

After further practice and experience the cpls can combine the Csendes and Forgós Csárdás in a free-style improvised dance. For fast csárdás music do only the motifs described for the Forgós Csárdás.

(A personal note: "Forgó" or "Forgós" are both correct and mean the same.)

Presented by Andor Czompo